

RECORDS DU LMA MASCULINS – PLEIN AIR

| | Cadet | Junior | Espoir | Senior | Master |
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| 100m | 10''74 (+1.7) Mehdi Nait Abdelaziz 23-05-17 | 10''43 (+1.7) Stuart Dutamby 07-06-13 | 10''12 (+1.9) Stuart Dutamby 25-06-16 | 10''12 (+1.9) Stuart Dutamby 25-06-16 | 11''13 (+0.0) Kouami Justin Ayassou 05-06-10 |
| 200m | 21''86 (-0.1) Mehdi Nait Abdelaziz 28-05-17 | 21''66 (+1.1) Mehdi Nait Abdelaziz 04-07-18 | 20''52 (+1.8) Fode Sissoko 14-07-18 | 20''41 (+0.0) Stuart Dutamby 09-06-18 | 23''22 (+0.8) Kouami Justin Ayassou 06-06-10 |
| 400m | 49''69 Manu-Georges Nguenyang 15-07-11 | 48''92 Manu-Georges Nguenyang 27-06-12 | 46''28 Fode Sissoko 30-06-18 | 46''28 Fode Sissoko 30-06-18 | 54''08 Hary Bourguignon 29-06-11 |
| 800m | 1'53''67 Mehdi Hamlili 25-06-11 | 1'50''62 Alexis Regent 14-07-18 | 1'46''38 Moad Zahafi 28-07-18 | 1'45''07 Pierre- Ambroise Bosse 24-08-19 | 2'05''65 David Dambry 27-05-12 |
| 1500m | 3'59''27 Morgan Flinois 17-06-09 | 3'51''75 Massinissa Talbi 01-06-19 | 3'39''51 Simon Denissel 20-05-12 | 3'30''96 Mehdi Baala 28-07-09 | 4'34''30 David Dambry 16-05-15 |
| 3000m | 8'52''66 Morgan Flinois 02-07-08 | | | | |
| 5000m | | 15'45''14 Toufik Ouaslama 14-06-08 | 13'43''99 Simon Denissel 09-06-12 | 13'43''99 Simon Denissel 09-06-12 | 15'14''17 Abdelghani Mesbah 03-05-09 |
| 10000m | | à établir | 35'22''06 Quentin Delbeke 25-06-11 | 29'04''30 Djamel Bachiri 25-06-11 | 34'13''24 Mounir Belmahdi 25-09-11 |
| 110m haies | 13''93 (-0.7) Loïc Herkenrath 31-05-11 | 13''87 (-0.4) Nolan Vancauwemberghe 01-05-19 | 13''81 (+0.9) Loïc Herkenrath 05-06-16 | 13''69(+0.9) Loïc Herkenrath 24-06-17 | 17''68 (-1.3) Christian Vandaele 10-05-15 |
| 400m haies | 52''86 Toufik Benouja 22-07-18 | 53''37 Jérémy Azzolini 22-06-08 | 52''65 Jérémy Azzolini 05-06-10 | 49''04 Michael Bultheel 26-07-15 | 59''32 Daniel Clauss 13-06-09 |
| 2000m steeple | 6'08''84 Sofiane Achab 15-07-11 | | | | |
| 3000m steeple | | 9'29''95 Jérémy Carrier 23-06-10 | 9'13''55 Jérémy Carrier 06-05-12 | 8'26''13 Irba Lakhal 31-05-08 | 09'18''90 Irba Lakhal 24-05-15 |
| Longueur | 7m42 (-0.3) Florent Szezesny 09-12-09 | 7m75 (+0.8) Florent Szezesny 03-07-11 | 7m75 (+0.8) Florent Szezesny 03-07-11 | 8m26 (+0.4) Kafetien Gomis 20-06-15 | 6m00 (+1.0) Christian Vandaele 08-06-13 |
| Triple saut | 14m19 (+0.0) Mathieu Tshani Kabwakantanda | 14m81 (i) Mathieu Tshani Kabwakantanda 30- | 15m41 (+1.9) Mathieu Tshani Kabwakantanda | 15m74 (i) Ali bouguesba 05-02-17 | 11m63 (+0.0) Christian Vandaele |

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| | 18-05-14 | 01-16 | 07-07-18 | | 24-05-15 |
| Hauteur | 2m14 Mohammed-Ali Banlahbib 27-01-18 | 2m14 Mohammed-Ali Banlahbib 27-01-18 | 2m14 Mohammed-Ali Banlahbib 27-01-18 | 2m26 Mathias Cianci 03-07-11 | 1m85 Claude VILLAEYS 18-06-94 |
| Perche | 4m90 Jorg Vanlierde 06-02-16 | 5m00 Jorg Vanlierde 29-01-17 08-07-18 | 5m00 Jorg Vanlierde 29-01-17 08-07-18 | 5m20 Nicolas Morent 21-02-09 Emile Denecker 09-02-19 | 4m40 Nicolas Morent 16-03-19 |
| Poids | 17m57 (5kg) Alexis Lepeuple 07-10-17 | 17m40 (6kg) Anthony Lepeuple 11-02-17 | 16m44 Yanis Tournier 27-05-17 | 20m39 Gaetan Bucki 04-03-11 | 15m32 Eric Lepeuple 18-02-12 |
| Javelot | 74m48 (0.7 kg) Jarne Duchateau 20-07-13 | 74m21 Jarne Duchateau 11-10-14 | 75m49 Jarne Duchateau 07-10-17 | 75m49 Jarne Duchateau 07-10-17 | 50m84 Stephane Delvaux 08-10-16 |
| Disque | 48m49 (1.5 kg) Alexy Lepeuple 19-06-16 | 49m85 (1.75 kg) Yannis Tournier 24-06-16 | 61m09 Philip Milanov 09-02-13 | 67m26 Philip Milanov 06-05-16 | 40m82 Sebastien Poty 17-06-11 |
| Marteau | 73m63 (5 kg) Farid Debab 11-05-08 | 65m89 (6 kg) Farid Debab 26-10-08 | 65m25 Maxime Peruzzo 06-04-19 | 65m25 Maxime Peruzzo 06-04-19 | 49m74 Jean-Bernard Cornil 04-05-08 |
| Epreuves Combinées | 7311 pts Jorg Vanlierde 17-07-16 | 7516 pts Mateo Sossah 20-07-07 | 8044 pts Mateo Sossah 11-06-09 | 8205 pts Basile Rolnin 30-06-19 | 5143 pts Christian Vandaele 01-06-13 |
| 4 x 100m | 43''70 Diatta- Herkenrath- Nguenyang- Asselin 27-06-10 | 41''74 Moussiti Oko- Nguenyang- Herkenrath- Dutamby 16-06-13 | 41''07 Gusto- Dutamby- Herkenrath- Mombanga 24-05-15 | 40''90 Nait Abdelaziz- Sery- Herkenrath- Dutamby 21-05-17 | 45''75 Ayassou- Bourguignon- Rome-Sagna 13-05-17 |
| 4 x 200m | | 1'29"38 Vandaele-Nait Abdelaziz-Flamand- Prevost 15-10-17 | 1'29"38 Vandaele-Nait Abdelaziz- Flamand- Prevost 15-10-17 | 1'28''61 Pinto- Mombanga- Napoleon- Mbulu Ntoto 02-07-14 | 1'35"07 Bourguignon- Rome- Ayassou-Sagna 29-06-16 |
| 4 x 400m | | 3'44"43 Debruyne- Bourahla-Looten- Plancke 05-10-14 | 3'20''19 Canitrot- Querin- Zonnenberg- Verbrugghe 26-10-08 | 3'12''90 Luvumbu- Querin- Verbrugghe- Boudjemaa 19-05-13 | 3'51''64 Bourguignon- Bogaert- Rome-Clauss 16-06-19 |
| 4 x 800m | | | | 7'31''36 Boudjemaa- Larchaud- Verbrugghe- | |

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| | | | | Baala 14-10-12 | |
| 4 x 1000m | 10'23''60 Dusart-D'Hem- Ernst-Bague 08-10-16 | | | | |
| 4 x 1500m | | | | à établir | |
| Relai Medley Sprint | | | | 2'11''39 Laporal-Lach- Opigez- Domergue 22-09-19 | |
| 5 000 marche | 22'03''26 Florian Masse 19-05-19 | | | | |
| 10 000 m marche | à établir | 46'44''93 Amaury Lamiaux 20-07-14 | | | |
| 20 km marche | | | 1h26'05'' Damien Molmy 05-04-09 | 1h22'01'' Rafal Fadaczynski 14-06-13 | 1h53'53'' Jose Dusautoir 22-07-07 |
| 50 km marche | | | 5h03'29'' Benjamin Leaute 28-10-07 | 5h03'29'' Benjamin Leaute 28-10-07 | 5h29'15'' Rene De Souza 25-10-09 |
| 10 km route | 33'55" Octave Dusart 02-04-17 | 33'12" Marc Fernandes 13-04-14 | 30'11" Simon Denissel 14-10-12 | 28'28" Paul Melly 05-11-17 | 29'08" Paul Melly 03-11-19 |
| Semi- marathon | | 1h16'44" Octave Dusart 15-09-19 | 1h12'28" Jeremy Carrier 16-03-14 | 1h01'13" Dieudonne Disi 18-10-09 | 1h05'42" Djamel Bachiri 12-03-17 |
| Marathon | | 2h53'07" Octave Dusart 28-10-19 | 2h49'42" Kengo Torigoe 12-04-15 | 2h07'30'' Patrick Tambwe Ngole 12-01-12 | 2h28'19'' Vladimir Tontchinski 06-04-14 |
| Ekiden | | | | 2h09'53" Mesbah- Bachiri- Baudson- Kalombo- Oukaid-Lakhal 07-10-07 | |